

Activity Sheet:

## Spontaneous Abstract Art



### What is Abstract Art?

Abstract art is art that does not attempt to represent a realistic depiction of the physical world, using shapes, colours, forms and marks to achieve its effect instead. It is sometimes chaotic, with a number of colours, lines and shapes overlapping; and sometimes minimalistic or very simple, like a black canvas or a red dot on white paper. It can be both confusing and exciting because it rarely presents a clear narrative. Instead it inspires our curiosity, asking us to look closely, think deeply, feel strongly and push the limits of our imagination.

### Make your own abstract artwork.

You can choose to make yours as simple or as complex as you like. By using a free-painting spontaneous method and process like this one, you can create something completely unique each time you try it!

#### For this project you will need:

- An A4 sheet
- Any three colours
- Yarn
- A clothespin
- Paper plates

## Step 1

Find a working area and cover it with newspapers, to make sure you don't end up with a mess!

## Step 2

Take out your colours and pour some out in separate paper plates. Now dip a piece of yarn in each.

## Step 3

Keep your paper in the centre and using your clothespin grab the first yarn dipped in the first colour. Bring it out and let it fall on your paper. Don't try to manipulate the yarn too much and let nature do its thing.

Repeat this a few more times with the same colour and yarn.



## Step 4

When you are happy with the first colour, drop the yarn on its designated plate. Move on to the next plate and next colour. Repeat the process with this yarn thread. Once happy, move to the next colour. Keep repeating and fill up the entire paper until you feel that your artwork is ready!



Don't forget to take photographs of your creations and DM it to us on Instagram @mapbangalore. You can also email them to us at [education@map-india.org](mailto:education@map-india.org)